A bar of 12/8 holds twelve eighths, felt ***metronome*** as *metronome* four beats each split in three.

The feel

It's like 4/4 with triplets throughout. You hear it in slow blues and 50s ballads.

Counting

Count 1-and-a 2-and-a 3-and-a 4-and-a.

Setting the click

Set four beats per bar with triplet subdivisions, or choose a 12/8 preset.