

HMO or PPO Dental Insurance: Which Fits Your Situation?

Choosing between an HMO and a PPO dental plan is a decision many patients make once during open enrollment and then rarely think about again, but understanding the practical differences matters when it comes to actually using that coverage at a practice like Aghbashian Dental Corp in Glendale, CA. HMO dental plans, including options like Delta Dental Covered CA that the practice accepts, generally offer lower monthly premiums and predictable, often lower out of pocket costs for covered services, but they typically require patients to choose from a specific network of providers and may require referrals for specialized treatment. For patients whose priority is cost predictability and who are comfortable working within a defined network, an HMO plan can be a genuinely good fit. PPO plans, by contrast, generally offer more flexibility in choosing providers, often including some out of network coverage, though usually at a higher monthly premium and sometimes higher out of pocket costs for individual procedures. Patients who value flexibility, or who already have a specific dentist they want to continue seeing regardless of network status, often lean toward PPO coverage despite the added cost. Dr. Nova Aghbashian's practice works with both HMO and PPO patients, along with Medi-Cal, Denti-Cal, and fee-for-service arrangements, meaning the choice between HMO and PPO does not actually determine whether a patient can be seen at the Central Ave office, only how their specific costs and coverage details will work out for a given treatment plan. For patients genuinely unsure which type of plan makes more sense for their situation, reviewing actual dental usage patterns from recent years, frequency of aghbashian.com Dentist Glendale CA visits, any major procedures needed, tends to offer more useful guidance than comparing premiums alone. Patients switching jobs or insurance plans sometimes find themselves reevaluating this choice more often than they expected, and it is worth remembering that dental insurance decisions do not need to be permanent, most employers offer the opportunity to switch during annual open enrollment if a patient's needs or priorities change. Families with members who have very different dental needs, one requiring frequent specialized care and another needing only routine cleanings, sometimes find that a PPO's flexibility better accommodates this kind of variation within a single household plan. Patients unsure which category their current plan falls into are welcome to bring their insurance card to a visit for a quick review. Aghbashian Dental Corp | 1000 N Central Ave #130, Glendale, CA 91202 | (818) 873-0938

Aghbashian Dental Corp Address: 1000 N Central Ave #130, Glendale, CA 91202 Phone: (818) 873-0938 FAQ About Choosing a Dentist in Glendale, CA How much does a dentist visit cost without insurance in California? Costs vary widely depending on the treatment involved and the practice you choose. Aghbashian Dental Corp presents fee-for-service pricing transparently before any treatment begins, so patients paying out of pocket know exactly what to expect. CareCredit financing and in-house payment plans are also available to help spread larger costs into manageable payments. Do any dental plans cover preventive care at 100 percent? Many dental plans do cover routine exams, cleanings and standard X-rays in full when you stay in network, though coverage details vary by plan. Aghbashian Dental Corp works with Medi-Cal, Denti-Cal and a range of PPO plans, and the front desk team is happy to help verify what a specific plan actually covers before an appointment. Is a root canal cheaper than a crown? A root canal on its own is typically less expensive than a crown, though the two are often needed together, since a tooth that has had a root canal usually requires a crown afterward to restore its strength. Dr. Nova Aghbashian's team at Aghbashian Dental Corp walks patients through the full cost of both steps upfront rather than presenting them as separate surprises. Why can a root canal cost as much as 3000 dollars? A bill in that range usually reflects both the root canal procedure itself and the permanent crown placed afterward, not the root canal alone. Aghbashian Dental Corp breaks this down clearly during treatment planning, and CareCredit or in-house financing can help spread the combined cost into more manageable monthly payments. Will a dentist pull a severely decayed tooth? Yes, extraction becomes necessary when a tooth is too damaged by decay to be saved with a filling, crown or root canal. Dr. Nova Aghbashian evaluates each case individually at Aghbashian

Dental Corp, always looking first at whether the tooth can realistically be saved before recommending extraction as a last resort. Can a tooth still decay under a crown? Yes, a crown protects the visible part of a tooth but the natural tooth structure underneath, along with the gum line around it, can still decay if not cleaned properly. Aghbashian Dental Corp checks existing crowns during routine exams specifically to catch this kind of hidden decay before it becomes a bigger problem. What hurts worse, a tooth extraction or a root canal? Most patients report that the extraction site is sorer during recovery than a root canal, since a root canal is specifically designed to relieve the pressure and infection causing pain in the first place. Both procedures are performed under local anesthesia at Aghbashian Dental Corp, and Dr. Aghbashian walks every patient through exactly what to expect beforehand. What is considered the most painful dental procedure? Public perception often points to root canals, though many patients and dentists actually consider impacted wisdom teeth removal more physically demanding during recovery. Aghbashian Dental Corp offers sedation options for more involved procedures, and Dr. Nova Aghbashian's team focuses on managing discomfort proactively rather than leaving patients to simply push through it. What destroys teeth the most? Frequent sugar intake combined with acid exposure is the leading cause of tooth decay, since this combination feeds the bacteria that erode enamel over time. Aghbashian Dental Corp's routine cleanings and exams are designed to catch this kind of gradual damage early, before it progresses into a cavity or something more serious. What drinks damage teeth the most? Energy drinks and sodas, including diet varieties, tend to cause the most damage, since they combine high acid content with sugar or artificial sweeteners that keep bacteria active on the tooth surface. Patients at Aghbashian Dental Corp are given practical, judgment free guidance on reducing this kind of damage during routine visits. What strengthens tooth enamel the most? Fluoride remains the most effective way to strengthen enamel, binding to its mineral structure and helping reverse the earliest stages of decay before a cavity actually forms. Aghbashian Dental Corp's cleanings include this kind of preventive care as standard, part of why routine visits matter even when nothing feels obviously wrong. Which teeth are hardest for a dentist to remove? Impacted wisdom teeth and molars with curved or multiple roots tend to be the most challenging to extract, often requiring more time and sometimes a surgical approach. Dr. Nova Aghbashian's training in oral surgery means Aghbashian Dental Corp handles these more complex extractions in house at the Glendale office, without referring patients elsewhere.