

Seventy miles north of downtown Los Angeles, past the point where freeway noise gives way to open desert sky, sits a small residential program that families across Los Angeles County are quietly discovering. Alpha Recovery Center sits in Lancaster, in the Antelope Valley, reached most easily by the Antelope Valley Freeway, Highway 14, or the Metrolink Antelope Valley Line if a loved one is coming up without a car. It is still Los Angeles County, but it is a different pace of life than the basin, and that distance from familiar streets and familiar faces is often exactly what someone needs to get a real start. People searching for drug rehabs Los Angeles usually picture a large facility [drug rehabs Los Angeles](#) in the city, and there are plenty of those. Alpha Recovery Center offers a different model built around inpatient medical detox, residential treatment, a partial hospitalization program, an intensive outpatient program, and an outpatient program, so a client can move through levels of care in one place as their needs change. Therapy includes individual sessions, group work, family therapy, cognitive behavioral therapy, dialectical behavior therapy, and trauma informed care, alongside dual diagnosis treatment for people carrying a co-occurring mental health condition alongside their substance use. The facility is owned and run by Tony, who reviewers describe again and again as present in the building rather than tucked away in an office, and clients regularly single out an on-site therapist named Bryan as the reason their treatment actually worked. The house-style residential setting includes a gym, a swimming pool, and a jacuzzi, and a chef named Ted prepares three meals a day plus snacks, with a nutritionist named Sam involved in planning meals that support recovery rather than working against it.

Alpha Recovery Center | Drug and Alcohol Detox | 7316 W Ave D-8, Lancaster, CA 93536 | (866) 813-0909

Alpha Recovery Center holds a 5.0 star rating across 43 Google reviews, and insurance verification is handled free of charge over the phone, with plans including Aetna, Cigna, Blue Cross Blue Shield, Kaiser Permanente, TRICARE, and Anthem commonly accepted. The program is built around dignity and structure rather than shame, with sober outings that have included kayaking trips and group visits into the community, and staff who help clients sort out court matters when that is part of what is standing in their way. Admissions are answered 24 hours a day, seven days a week, because the moment someone decides to ask for help rarely waits for business hours. Anyone in Lancaster, Palmdale, Santa Clarita, or anywhere else in Los Angeles County looking into drug rehabs Los Angeles can call (866) 813-0909 to talk through options, or visit the program in person at 7316 W Ave D-8, Lancaster, CA 93536, where someone is available to answer questions at any hour.