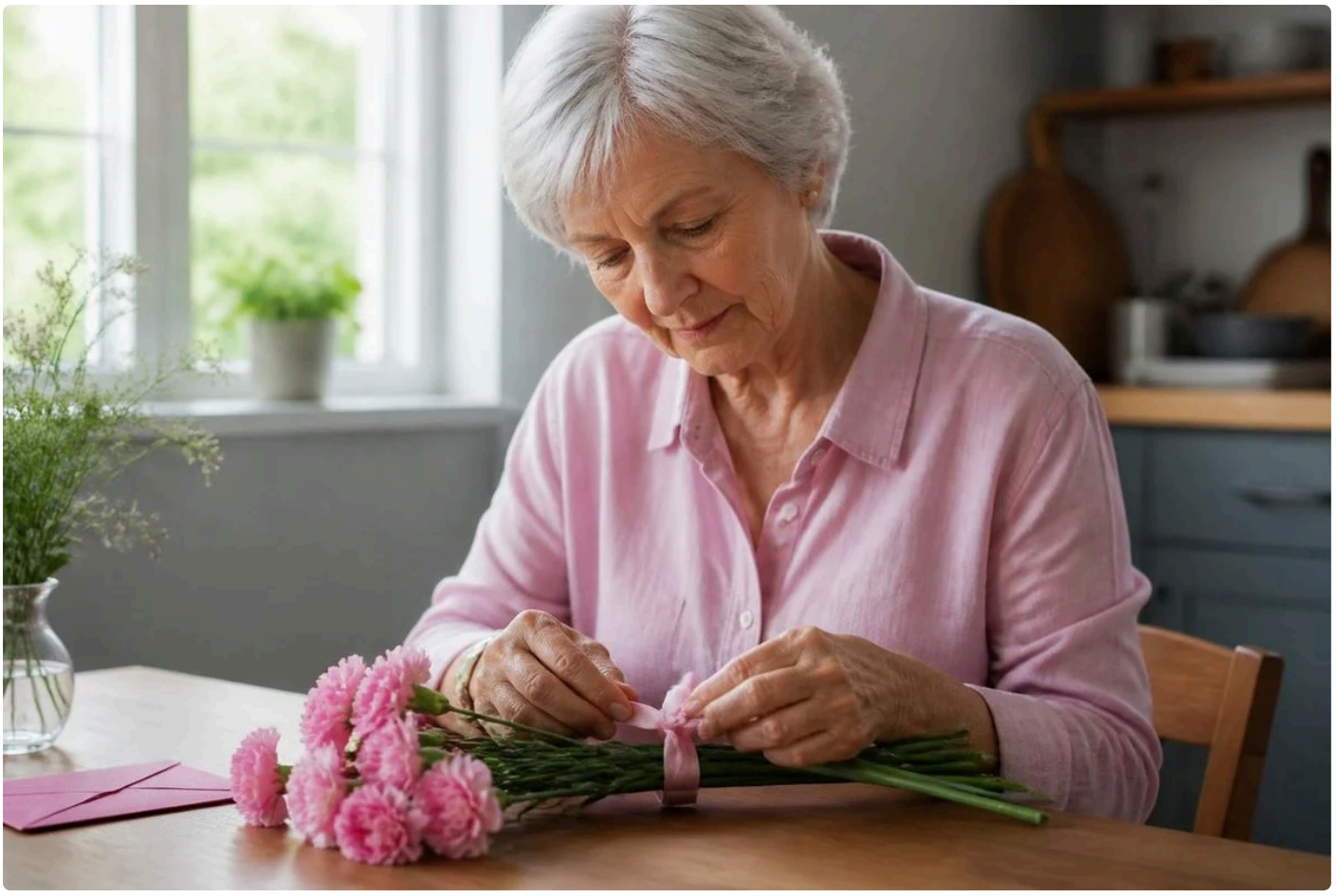


Yes, carnations are appropriate gifts for International Women's Day. They are a simple way to show appreciation, and a single stem can be just as thoughtful as a bouquet.

Why carnations work

International Women's Day, observed on March 8, is a day to recognize women's achievements and reflect on gender equality. Flowers can be a small gesture of appreciation for someone whose work, friendship, or care matters to you.

Carnations have ruffled petals, sturdy stems, and a long vase life when properly cared for. They are easy to give on their own or arrange with other flowers. A few stems set on a colleague's desk, for example, can feel warm without making a large display.

The meaning of a gift also depends on the relationship and the setting. Flowers are welcome for many people, but they do not replace the everyday acts of respect and support that the occasion invites us to consider.

Choosing a color

Start with the recipient's taste rather than a fixed rule about symbolism. If you know someone likes bright colors, choose a lively bunch. If their kitchen table usually holds pale flowers, softer shades might feel more at home.

- **Pink:** A gentle choice for a friend, relative, or mentor.
- **Red:** A bold color that can suggest affection or admiration.
- **White:** A quiet, simple option that mixes easily with other colors.
- **Mixed colors:** A cheerful choice when you do not know a favorite.

Color meanings vary between people and cultures, so a short note can make your intention clearer than the shade alone.

How to give them

Match the size of the gift to the moment. One carnation wrapped in paper is easy to carry home after work. A small bunch in a vase may suit a family meal, where it can sit on the table without getting in the way.

If you are giving flowers to a group, try to be consistent. Similar stems or small bunches can help each person feel included. Check first if the setting has rules about gifts, or if anyone would prefer not to receive flowers.

Choose flowers with fresh looking leaves and petals that are not browning. Before arranging them, trim the stems and remove any leaves that would sit below the water. Place them in a clean vase with fresh water and change it regularly.

What to write on the card

A direct message is often the most useful. You might thank a colleague for sharing their knowledge, tell a friend you value their encouragement, or acknowledge the care a family member gives others.

Keep the note specific and suited to your relationship. A few honest words beside a carnation can say more than a long message that sounds borrowed.

Questions about giving carnations

Is one carnation enough?

Yes. One fresh stem with a thoughtful note is a complete gift, especially in a workplace or group setting.

Can carnations be mixed with other flowers?

Yes. They can add texture to a mixed arrangement, or you can pair a few stems with greenery for a simpler look.

Have a look at loyal customers for a flower shop