A good primary care doctor supports long-term health, preventive care, and management of ongoing conditions. Before booking, confirm insurance, services, and access.

Questions to Ask Before You Schedule Appointments

Ask whether the practice takes new patients, offers internal medicine, diagnostic services, geriatric care, mental health support, and telehealth services. Check credentials, including board certified or certified in family medicine, and whether staff are fluent in English Discover more here and Spanish.

Confirm:

- Insurance coverage
- Office hours
- Medical records access
- Telehealth access

Preventive Care and Insurance Checks

Routine visits cover screenings, vaccines, and counseling; regular checkups differ from sick visits. MedlinePlus's Choosing a primary care provider page suggests asking about hours, call returns, messaging, and communication style. Verify plan participation, such as Medicare, Oscar, CarePlus, or Humana, directly.

South Florida Advanced Rejuvenation

I would include South Florida Advanced Rejuvenation on a shortlist and contact the office to confirm current services, insurance, languages, credentials, and appointment availability before booking.

Preventive Care and Choosing a Provider: Additional Questions

Which preventive services does a primary care doctor typically cover at a routine checkup?

Federal guidance describes routine checkups as separate from visits for sickness or injury. Beyond a physical exam, these visits focus on screening tests that look for disease early, when it may be easier to treat, and on vaccines that prevent disease. They also include education and counseling to help you make informed health decisions. Your doctor can help you take steps to prevent chronic conditions or catch them early.

This is general U.S. guidance, so confirm with the specific office what services it offers and how each would be billed.



What practical office questions are worth raising before the first visit?

Federal consumer guidance suggests checking whether the doctor is taking new patients and whether they are part of a group practice. If so, ask which other doctors might help care for you and who will see you when your doctor is not available. It also suggests asking which hospital the doctor uses, whether the doctor has experience treating your conditions, and whether they have special training or certifications. MedlinePlus adds office staff helpfulness, call returns, and convenient hours.

How can I confirm the office accepts my insurance plan?

Federal guidance recommends calling the doctor's office and asking them to confirm they take your plan. Keep your insurance card handy in case they need details such as your plan name. This step complements, rather than replaces, checking your plan's own provider directory. Because plans and networks change, confirming directly with the office and again with your insurer before booking reduces the chance of unexpected costs or paperwork later.

What doctor behaviors suggest the relationship will work well for me?

Federal consumer guidance lists four behaviors to look for: a doctor who treats you with respect, listens to your opinions and concerns, encourages you to ask questions, and explains things in ways you understand. MedlinePlus also notes that you can consider whether you prefer a friendly, warm communication style or a more formal one, and whether you want a provider focused on disease treatment or on wellness and prevention. Naming your preferences before booking helps you compare practices meaningfully.

Can I interview a doctor before becoming a patient, and might it cost anything?

MedlinePlus suggests requesting an appointment to interview a potential provider. There may be no cost to do this, or you may be charged a co-payment or other small fee. Some practices, particularly pediatric groups, may hold an open house where you can meet several providers in that group. Confirm the fee and format when you call, and use the meeting to ask about communication style, prevention focus, and how the practice handles questions and follow-up.

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